



ALL INDIA INSTITUTE OF MEDICAL SCIENCES, RISHIKESH
Examination Section

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Letter No. – AIIMS-RIS/EC/26/1067

Date- 02/09/2026

Revised Circular

This is to inform you that Public Defence (Viva Voce) of **Ms. Anita Verma** for award of PhD is scheduled on **05th Sept 2026** at AIIMS, Rishikesh.

Title of Thesis- “Efficacy of 4-Week Yoga Module on Sympatho-vagal Balance Among Healthcare Workers in a Tertiary Care Hospital: A Randomized Controlled Trial”

Venue - LT-B, Ground Floor, Medical College Building, AIIMS Rishikesh

Time - 11.00 AM

This is for your kind information and co-operation.

Thanking you,