



ALL INDIA INSTITUTE OF MEDICAL SCIENCES, RISHIKESH
Examination Section

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Letter No. – AIIMS-RIS/EC/26/1068

Date- 02/09/2026

Revised Circular

This is to inform you that Public Defence (Viva Voce) of **Mr. Vikas Upadhyay** for award of PhD is scheduled on **05th Sept 2026** at AIIMS, Rishikesh.

Title of Thesis- “Efficacy of Yoga for reducing burnout among healthcare workers: A Randomized Controlled Trial”

Venue - LT-B, Ground Floor, Medical College Building, AIIMS Rishikesh

Time - 09.00 AM

This is for your kind information and co-operation.

Thanking you,