



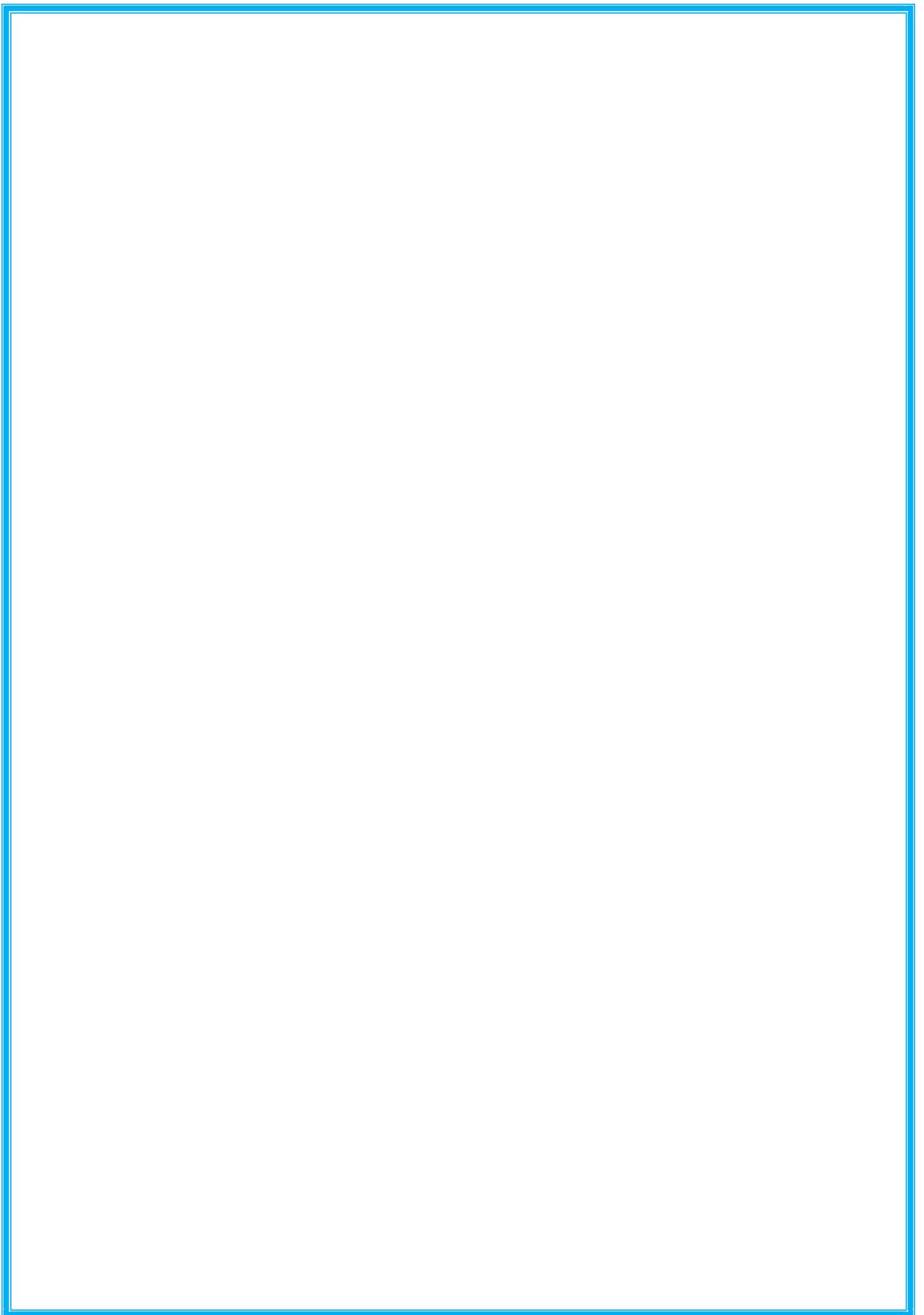
**AIIMS RISHIKESH**

**RISHINURSING**

**Annual Newsletter**

**Centre of Excellence in Nursing Education and Research**

**Vol 7 Aug 2024- July 2025**



**Prof. (Dr.) Meenu Singh**  
CEO & Executive Director  
AIIMS Rishikesh, Uttarakhand



## **Message**

I extend my heartiest congratulations to the Principal, CENER, and her dedicated team on the successful publication of the seventh issue of the *Rishi Nursing Newsletter*. As we reflect on the past year, I am filled with immense pride and gratitude for the remarkable progress made by the College of Nursing at AIIMS.

Our nursing students have excelled not only in academics but have also demonstrated outstanding clinical competence and an unwavering commitment to compassionate patient care. The faculty continues to lead the way in advancing the nursing profession through high-impact research, innovative teaching strategies, and active engagement in national and international platforms.

This year has been marked by significant milestones. The rapid evolution of healthcare technology presents both challenges and opportunities—and I am proud of how the College has embraced these developments to better prepare our students for the future of nursing. Our initiatives, including the integration of simulation-based learning, telenursing, and continuous professional development through training programs and workshops, have greatly enriched our educational approach.

Equally commendable is our steadfast commitment to community engagement and public health. The outreach programs and health camps organized by the College of Nursing have made a meaningful impact on the well-being of the communities we serve. These initiatives not only offer valuable hands-on experience for our students but also reinforce our mission to serve society with compassion and excellence.

I urge Team CENER to continue upholding the highest standards of nursing education and practice. As we look to the future, let us strive relentlessly for excellence, embrace innovation, and remain true to our core values of compassion, integrity, and service.

## Messages

---

Heartfelt congratulations to the CENER team and all contributors on the latest issue of *Rishi Nursing*. Nurses are the backbone of patient care providing clinical expertise, empathy, and emotional support.

As Dean Academics, I am proud to be part of a community committed to nurturing the next generation of skilled and compassionate nursing professionals. I commend the Principal, faculty, and tutors for their dedication to excellence in education and mentorship.



To our students—your passion and perseverance are truly valued. Together, let us continue striving for excellence, innovation, and compassionate service in nursing education and practice.

**Prof. Jaya Chaturvedi**  
**Dean (Academics)**  
**AIIMS Rishikesh, Uttarakhand**

Congratulations to the Principal and the editorial team on the successful release of *Rishi Nursing*. This issue reflects the dedication and collaborative spirit of our faculty, students, and staff. As we prepare future nursing leaders, let us remain committed to excellence, innovation, and compassionate care. Together, we can continue making meaningful contributions to healthcare and society.



**Prof Dr Satyashree**  
**Medical Superintendent**  
**AIIMS Rishikesh**

## Messages

---

Congratulations to the Principal and the editorial team for their outstanding work on this edition. Over the past year, we have witnessed remarkable progress in research and academic initiatives as testament to the dedication, perseverance, and innovative spirit of our nursing faculty and students.



These collective efforts have enriched the academic environment and made meaningful contributions to the advancement of nursing and healthcare. As we look ahead, let us continue to inspire, mentor, and prepare committed and capable nurses who will lead with excellence and compassion in the years to come.

***Prof. Dr. Shailendra Handu***  
***Dean Research***  
***AIIMS Rishikesh, Uttarakhand***

Heartiest wishes to the entire team of the College of Nursing for their commendable work and continued dedication. Nurses stand as the pillars of the healthcare system front-line caregivers who serve with their head, heart, and hands. Your unwavering commitment to excellence not only enhances patient care but also strengthens the foundation of our healthcare services. May you continue to inspire and lead with compassion and competence.



***Prof. Dr. Prashant M Patil***  
***Dean Examination***  
***AIIMS Rishikesh, Uttarakhand***

Warm congratulations to the Principal and the entire editorial team for their excellent work on this edition. Let us continue our collective efforts to nurture dedicated and competent nursing professionals who will deliver high-quality care and make meaningful contributions to the community.



***Dr Anita Kansal***  
***Chief Nursing Officer***  
***AIIMS Rishikesh, Uttarakhand***

***Prof. (Dr.) Smriti Arora***  
***Principal***  
***CENER, AIIMS Rishikesh***



## ***Message***

The Centre of Excellence for Nursing Education and Research (CENER), has a broad vision to prepare competent nurses who provide compassionate high-quality evidence-based care.

At CENER, we have B.Sc. (Hons) Nursing, MSc Nursing (five specialties) and Ph.D. Nursing course. We have a dedicated team of Faculty, Tutors and clerical staff. The college has its own independent three floor building. There are smart classrooms, and well equipped labs with latest manikins and simulators as per international norms & standards.

A well-grounded clinical experience is available to the students at AIIMS Rishikesh and nearby community areas like Haripur Kalan, Khadri, Raiwala and Thanou.

The professional development activities such as Workshops, conferences, seminars are regularly organized to supplement the knowledge of students where they get the opportunity to meet renowned personalities in their field and get motivated. Students enthusiastically participate in many inter-departmental programs, cultural and sports activities.

Various research projects are being undertaken by faculties for implementing evidence Based Nursing practices, continuous improvement in the nursing field and bridging the gap between theory and clinical practice.

The College of Nursing aspires to be a model of excellence through dynamic programmes, innovative practices, research and international collaborations and to prepare committed health care providers and leaders for tomorrow. This seventh volume of Rishi Nursing brings you the glimpses of various activities held during Aug 2024- Jul 2025.

List of Faculty and Tutors										
Child Health Nursing		Medical Surgical Nursing			Mental Health Nursing		Gynecological and Obstetrics Nursing		Community Health Nursing	
1	Dr. Smriti Arora Professor cum Principal	1	Mr. Maneesh Sharma Assistant Professor	CTVS Nursing	1	Dr. Xavier Belsiyal C Associate Professor	1	Dr. Prasuna Jelly Associate Professor	1	Dr. K Rajarajeswari Assistant Professor
2	Mrs. Rupinder Deol Associate Professor	2	Ms. Rakhi Mishra Assistant Professor	CTVS Nursing	2	Dr. Rajesh Kumar Associate Professor	2	Ms. Raksha Yadav (Tutor)	2	Dr. Vishwas Assistant Professor
3	Dr. Malar Kodi S Assistant Professor	3	Dr. Ruchika Rani Assistant Professor	Oncology Nursing	3	Mr. Mukesh Kumar (Tutor)	3	Ms. T Kanaga Lakshmi (Tutor)	3	Ms. Pooja (Tutor)
4	Ms. Vanita (Tutor)	4	Dr. Rakesh Sharma Assistant Professor	Neurosciences Nursing	4	Ms. G.V Annapurna Mulpuri (Tutor)			4	Ms. Reena (Tutor)
5	Dr. Jyoti (Tutor)	5	Ms. Poonam Kumari (Tutor)	Orthopedics Nursing	5	Ms. Priyanka Malhotra (Tutor)			5	Ms. Neha Kashyap (Tutor)
		6	Ms. Uma Phalswal, (Tutor)	Orthopedics Nursing						
		7	Ms. Durga Joshi (Tutor)	CTVS Nursing						
		8	Ms. Lakntiew Khongrymmai (Tutor)	CTVS Nursing						
		9	Ms. Devanshi Chowdhary (Tutor)	CTVS Nursing						
		10	Ms. Sachin Dwivedi, (Tutor)	CTVS Nursing						
		11	Ms. Astha Satheya, (Tutor)	CTVS Nursing						
		12	Ms. Dipika Chauhan, (Tutor)	Critical Care Nursing						
		13	Mr. Pradeep Kumar, (Tutor)	Critical Care Nursing						
		14	Ms. Anjali, (Tutor)	Critical Care Nursing						
		15	Ms. Chaltung Khishung Anal, (Tutor)	Critical Care Nursing						
		16	Mr. Murali Mohanam (Tutor)	Critical Care Nursing						
		17	Ms. Vijayshree Singh (Tutor)	Oncology Nursing						
		18	Ms. Deeksha Sharma (Tutor)	Oncology Nursing						
		19	Ms. Parveen (Tutor)	Oncology Nursing						

	20	Ms. Mamta Thakur (Tutor)	Nephro-Urology Nursing			
	21	Ms. Ritu Rani (Tutor)	Nephro-Urology Nursing			
	22	Dr. Neetu Kataria (Tutor)	Neurosciences Nursing			
	23	Ms. Sreevidya V.S (Tutor)	Neurosciences Nursing			



# INDEX

<b>S.NO</b>	<b>Program/Activities</b>	<b>Page No.</b>
<b>1.</b>	<b>Monthly activities of college</b>	<b>1-28</b>
<b>2.</b>	<b>Interdepartmental Collaborations</b>	<b>29-37</b>
<b>3.</b>	<b>Field Visits</b>	<b>38-40</b>
<b>4.</b>	<b>International Collaborations</b>	<b>41</b>
<b>5.</b>	<b>Visits by Experts</b>	<b>42-43</b>
<b>6.</b>	<b>Cultural Events</b>	<b>44-47</b>
<b>7.</b>	<b>Awards and accolades</b>	<b>48-50</b>
<b>8.</b>	<b>Poem</b>	<b>51</b>



**AUGUST 2024**

**1-7 Aug, World Breastfeeding Week**

**(Theme- Closing the Gap)**

Webinar organized in collaboration with ECHO India on 'Tongue tie and Breastfeeding.'

Also energetic Quiz and speech competition by student nurses.

**External Expert-** Ms Ali Jones, RN and Lactation Consultant, Utah Valley Hospital, U.S.

**Organizing team** – Dr Smriti Arora, Ms Astha



ALL INDIA INSTITUTE OF MEDICAL SCIENCES, RISHIKESH  
CENTER OF EXCELLENCE IN NURSING EDUCATION AND RESEARCH(CENER)  
ECHO INDIA

WORLD BREASTFEEDING WEEK 2024

THEME: CLOSING THE GAP  
BREASTFEEDING SUPPORT FOR ALL

**EVENT DETAILS**  
2-3pm Quiz  
3-4pm Speech Competition  
4-5 pm Guest lecture(online)  
"Tongue tie & Breastfeeding"  
by  
Ms. Ali Jones, R.N, L.C  
Utah Valley Hospital,  
Provo, Utah, U.S

**EVENT CO-ORDINATOR**  
Dr. Smriti Arora, Assistant Professor  
Ms. Astha, Assistant Professor  
Dr. Nisha Arora, Assistant Professor

Date: 7/6/24, Time: 2-5pm  
Venue: College of Nursing

A circular illustration of a woman with long brown hair, wearing a blue top, breastfeeding a baby who is wearing an orange top.

**SEPTEMBER 2024**

**1-7 Sep, National Nutrition Week**

**(Theme - Balanced diet across all ages)**

**Organizing Team**

- Mrs. Rupinder Deol, Ms. Priyanka, Ms Anjali Sharma & Ms. Uma
- Dr Vishwas, Ms Pooja

**Venue** – College of Nursing and Govt Primary School, Haripur Kalan

Activity 1- Nutrition exhibition was organized by B.Sc. (H) Nursing 1st year students (Batch 2024) on 5<sup>th</sup> September 2024 during National Nutrition week at multipurpose hall, College of Nursing from 2- 5pm.

Students prepared dishes in five categories namely: Smoothies & Drinks, Fruits, Sandwiches, Sprouts, Chaat. Every group prepared different recipes with description of nutritive value and health benefits of that recipes.

The items prepared by the teams were judged by Dr. Xavier Besiyal, Dr. Prasuna Jelly and Ms. Rakhi Mishra, Faculty, College of Nursing based on a pre set criteria. Sprout group got the first position, followed by Chaat, Smoothies & Drinks group at 2<sup>nd</sup> and 3<sup>rd</sup> positions respectively. Faculty and Tutors, College of Nursing graced the event by their presence and encouraged the students.





## 10 Sep - World Suicide Prevention Day

(Theme- Changing the Narrative)

**Organizing team** – Dr Xavier Belsiyal, Ms Annapurna, and MSc 1<sup>st</sup> and 2<sup>nd</sup> year Psychiatry Nursing students

**Venue** - Saraswati Vidya Mandir Inter College, Rishikesh.

Engaging 11th and 12th class school students in discussion on the occasion of 'World Suicide Prevention Day' at Saraswati Vidya Mandir Inter College, Rishikesh.



## 17 Sep - Panel Discussion on World Patient Safety Day

(Theme: Global Consultation: Improving diagnostic safety and implementing the “Global Patient Safety Action Plan 2021-2030”)

**Organizing Team** - Dr Rakesh Sharma and M.Sc. (N) 1 st year, Batch 2024

**Audience**- B.Sc. Nursing 3<sup>rd</sup> year students

The programme started with a formal welcome of the Principal, Faculty, Nursing tutors and students followed by a discussion on various topics related to the theme. Panelists concluded that diagnostic safety can be significantly improved by addressing the systems-based issues and cognitive factors that can lead to diagnostic errors. NABH guidelines that include Patient Safety points were also discussed.

The panel discussion was concluded with a vote of thanks.



**"Patients trust us – let's not fail them."**

17 Sep 2024 - 7 Jan 2025

**Online Antenatal Complication Readiness Capacity Building Program for Nurses in  
collaboration With ECHO India**

**Organizing team** – Dr Prasuna Jelly, Ms Dipika Chauhan and others.

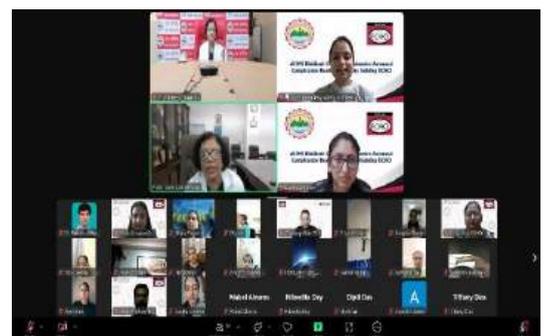
CENER in collaboration with ECHO India, successfully organized a virtual capacity building program for nursing professionals, students, and faculty members from hospitals and colleges of nursing across India. The program was held under the guidance of **Patron-in-Chief, Prof. Meenu Singh**, Executive Director, **Co-Patron, Prof. Jaya Chaturvedi**, Dean (Academics) and **Chairperson Prof Smriti Arora**.

The virtual program commenced on September 17, 2024, and concluded on January 7, 2025. Its primary objective was to enhance the knowledge and understanding of nursing professionals in providing care to pregnant women with various conditions.

A total of 40 participants from various institutions, including nursing officers, students, and faculty members, registered for the program, which aimed to equip them with the necessary knowledge and skills to manage antenatal complications.

A total of 17 lectures, each included a case presentation, were delivered by a team of expert facilitators, including 14 faculty members from the College of Nursing, AIIMS Rishikesh, and 3 nursing professionals from Obstetric Department, AIIMS Rishikesh. The sessions were held weekly, every Tuesday, from 4-5 pm, and lasted approximately 1-1.5 hours. The program utilized the Zoom platform to facilitate online participation, providing participants with a convenient and engaging learning experience.

The program came to a successful close on 7<sup>th</sup> January, 2025, with the participants completing the post-test, marking the culmination of their learning journey.





## 30 Sep 2024-World Heart Day

(Theme- "Use Heart for Action")

### Activity 1- Health assessment Programme

**Venue** - Kartika ashram, Haripur Kalan, Dehradun, Uttarakhand.

**Organizing team** - Dr Vishwas A.S, Ms Pooja Kajla and M.Sc. Nursing 1<sup>st</sup> year (Community Health Nursing) students



World Heart Day is an annual event celebrated on September 29th to raise awareness about heart health and cardio care. The day was created by the World Heart Federation in 2000. It aims to educate people about the importance of a healthy heart and reduce the risk of heart disease.

Health assessment & awareness program was conducted. Assessment includes height, weight, BMI, BP, Pulse, and RBS of ashram inmates. Health education on the prevention of CVDs, risk factors, causes, and management was also done.



### Activity 2- Poster competition, Venue- Nursing College



**Judges** – Dr Xavier Belsiyal, Mr Maneesh Sharma, Ms Devanshi



**OCTOBER 2024**

**Breast cancer awareness month**

**19 Oct** -Breast cancer awareness program conducted at Anganwadi center Ganesh Vihar Haripur kalan



**23 Oct, 2024- Panel discussion with Cancer Survivors**

**Organizing team-** Ms Parveen, Ms Deeksha

An insightful Panel discussion on 'Challenges of Breast Cancer Survivors' was done in Telemedicine centre. Survivors shared their lived experiences and experts (Dr Farhanul Huda, Dr Amit Sehrawat) demystified the myths.



**NOVEMBER 2024**

## 5 Nov 2024- Symposium on Forensic Nursing

**Organizing Team-** Mr Maneesh Sharma, Dr Jyoti Shokeen, Ms Astha, Ms Poonam

### **External Experts-**

- Dr Jeyadeepa R, IQ Institute of Nursing Sciences, West Bengal,
- Dr Arindam Chatterjee, Asstt Prof, MVASM, UP
- Dr Ashish Bhute, Additional Prof, and Prof Dr Binay Kumar Bastia, AIIMS Rishikesh

Since Forensic Nursing is a new subject added to the BSc H Nursing curriculum, Nursing College hosted a Symposium on '**Forensic Nursing: From Patient Care to Legal Testimony**' illuminating the critical role of forensic nursing in linking healthcare with the legal system. Experts deliberated on Rights of victims and accused, Preservation of evidence and Indian judicial system.



9 Nov 2024

**Guest Lecture on Micronutrient deficiency in clefts: Current concepts in prevention and therapeutic measures**

**Organizing team:** Dr. Rajarajeswari, Assistant Professor, College of Nursing and Prof. Debarati, Burn and Plastic surgery.

**Venue-** CPD Hall

**External International expert-** Prof Ronald Munger, Professor Emeritus, Department of Food Sciences, Utah State University, Logan, Utah, USA

The role of micronutrients like Folate, Vitamin B12, Vitamin B6 in the formation of cleft was dealt in detail by the faculty. He also detailed the various research that were undertaken on this topic across the globe and in India. He explained what kind of studies can be conducted in the future with regards to cleft lip and palate which is a least prioritized birth defect. It ended with a question and answer session.

The guest lecture was attended by Faculty, residents, undergraduate and post graduate nursing students.



9 Nov 2024

## LUNG CANCER AWARENESS PROGRAMME

**Organizing team-** Dr Rajarajeswari, Dr Vishwas, Ms Pooja, Ms Reena, Ms Neha

**Venue -** Govt. Inter College of Khadri Khadakmaaf village

College of Nursing AIIMS, Rishikesh organized a Lung cancer awareness programme for students of 11<sup>th</sup> and 12<sup>th</sup> class of Govt. Inter College of Khadri Khadakmaaf village.

The chief guest of the programme was **Prof. Ronald Munger**, a Nutritional Epidemiologist and Professor Emeritus, Dept. of food sciences, Utah State University, Utah, USA.

Mr. Devendra Singh Kandari, Principal of Govt. Inter College, Mr. R.S.Pundir, Vice Principal of Govt. Inter College, Dr. Vishwas, Assistant Professor, College of Nursing graced the event.

Students performed role play using variety of AV aids like charts and models. Working model of lungs was used to explain the difference between the normal and the affected lungs. The students of the school were attentive and participated in the quiz which assessed their understanding. A detailed health talk about lung cancer causes, signs, symptoms, risk factors, and prevention was given by the organisers. The chief guest explained the ill effects of smoking and second-hand smoking. He also stressed on the fact that smoking causes various serious birth defects in the off springs. The principal of the school in his address appreciated the efforts of College of Nursing students and teachers for imparting such an important knowledge to the young budding adolescents. The programme concluded with vote of thanks and distribution of refreshments for the students.



## 14 Nov 2024, World Diabetes Day Awareness Program

**Organizing team:** Dr. Rakesh Sharma, Ms. Mamta Thakur, Ms. Chaltung, Mr. Murali Mohanam and B.Sc. (H) Nursing, 2021 Batch & M.Sc. (N) 1st year students.

**Venue:** Medicine OPD (patient waiting area)

**Participants:** Patients and patient's attendants visiting medicine OPD.

World diabetes day is an event celebrated globally on 14<sup>th</sup> November. In AIIMS Rishikesh, we have celebrated it by organizing an exhibition in the patient waiting area of medicine OPD and showcased various informative models which are made by B.Sc. Nursing 4th year & M.Sc. (N) 1st year students.

### **Objectives:**

- To highlight shooting prevalence of diabetes and its impact.
- To educate people about the preventive measures for diabetes and its complications

The event was inaugurated by respected Director ma'am Dr. Meenu Singh by revealing the theme for World diabetes day: **"Breaking barriers, bridging gaps"**. Director ma'am highlighted the importance of diabetes prevention and its need. She was accompanied by other dignitaries includes Dean Academics Dr. Jaya Chaturvedi, Principal CENER Dr. Smriti Arora, CNO Ms. Reeta. After inauguration, exhibits were seen by the dignitaries. The exhibits were as follows:

**Exhibit 1:** Group 1 explained about the prevalence of diabetes worldwide, nationwide and locally via showing the exhibit of Globe and Indian map.

**Exhibit 2:** Group 2 explained about the introduction and pathophysiology of type 1 and type 2 diabetes via showing the exhibit of Flip chart and process chart.

**Exhibit 3:** Group 3 explained about the risk factors of diabetes via showing it through connected flash card exhibit.

**Exhibit 4:** Group 4 explained about early and late manifestations of diabetes via circular exhibit. **Exhibit 5:** Group 5 explained about prevention of diabetes via pyramid exhibit

**Exhibit 6:** Group 6 explained about the diagnostic evaluation of diabetes via triangle and square exhibit

**Exhibit 7:** Group 7 explained about treatment options for diabetes and insulin sites via treatment tray and site model exhibit

**Exhibit 8:** Group 8 explained about newer treatment option via rotatory model

**Exhibit 9:** Group 9 explained about the rehabilitation of diabetes patient via wheel and hanging model

**Exhibit 10:** Group 10 explained about prevention of diabetic complication through pyramid model

### **Other activities**

1. Demonstration of RBS monitoring for patients in RBS monitoring booth
2. Demonstration of Foot care to patients



**DECEMBER 2024**



**2<sup>nd</sup> Dec 2024-Awareness Role Play on World AIDS Day**

**Theme- “Take the rights path: My Health, My Right!”**

**Organizing Team:** Dr. Rajarajeswari, Ms. Neha Kashyap, Ms. Reena, Ms. Pooja, and Students of BSc. (H) Nursing 2<sup>nd</sup> Year & M.Sc. Nursing 1<sup>st</sup> year

**Venue:** Viveka Academy Senior Secondary school Khadri, Rishikesh Uttarakhand.

**Participants:** Class 10+2 students of Viveka Academy Senior Secondary school Khadri, Rishikesh Uttarakhand

**Objective-** To emphasize the importance of making informed decisions about personal health and ensuring access to healthcare services for all.

**Summary-** Programme started at 11:30 am with welcome to Mr. GP Royal, Manager and Mr Vivek, Academic Coordinator of Viveka Academy Senior Secondary school Khadri, Rishikesh Uttarakhand.

Dr. Rajarajeswari, inaugurated the programme with speech and felicitation of dignitaries. B.Sc. Nursing 2<sup>nd</sup> year students performed **role play** using variety of AV aids like charts and models. A detailed health talk about HIV/AIDS causes, signs, symptoms, risk factors, prevention was given by the nursing students. Other information included organization and acts related to HIV/AIDS control and prevention, Antiretroviral Therapy, ICTC, Rights of people living with HIV/ AIDS, and in case of violation of rights Helpline no. and how to seek redressal was also addressed in the event.

Dr Rajarajeswari motivated the students for following the right path through prevention, awareness, and care. She also added that everyone can contribute to ending the epidemic and upholding the fundamental right to health for all.

At the end Academic coordinator Mr Vivek appreciated the efforts of College of Nursing students and teachers for imparting such an important knowledge to the young budding adolescents. The programme concluded with vote of thanks and distribution of refreshments for the students.



**FEBRUARY 2025**

**19<sup>th</sup> Feb 2025, "Sadak Suraksha Jeevan Raksha"**

**Organizing team** - Dr Vishwas A.S, and Ms. Reena  
**Venue**- Doiwala

**Participants** – BSc Nursing 4<sup>th</sup> year students  
Nursing students took the initiative to promote road safety by organizing an awareness campaign aimed at educating the public about traffic rules and safe driving habits. Students marched through the streets holding placards with messages on responsible driving and conducted an educational talk



## 21 Feb – Workshop on Simulation Based Learning

**Organizing team:** Dr Rakesh Sharma, Dr Prasuna Jelly, Ms Mamta Thakur, Ms Chaltung, Mr Murali Mohanam and M.Sc. Nursing, 1st year, Batch 2024.

**Venue:** Orange LT, CENER and Advanced Center for Continuous Professional Development, AIIMS Rishikesh.

### Resource Faculty:

- Dr Shalinee Rao, Dept of Pathology & In-charge of CPD, AIIMS Rishikesh
- Dr Mridul Dhar, Dept of Anesthesiology, AIIMS Rishikesh.
- Mr Hemant, ANS, CPD, AIIMS Rishikesh

**Participants:** M.Sc. Nursing, 1st year students

### Brief about the workshop:

Aim- To enhance nursing students' clinical decision-making skills through *advanced simulation technology*. This initiative provided participants with hands-on experience in *realistic healthcare scenarios*, preparing them to deliver high-quality patient care in critical situations.

### Inauguration and Opening Address

The workshop commenced at 9:45 AM with an inaugural session led by MSc Nursing first-year students and Nursing Tutor Mamta Thakur. A pre-test was conducted to evaluate participants' baseline knowledge. Dr. Rakesh Sharma (Assistant Professor, College of Nursing) welcomed the delegates and attendees, setting the stage for an insightful learning experience.

### Academic Sessions

The sessions were led by esteemed faculty members, offering a blend of theoretical knowledge and practical application:

- *Dr. Smriti Arora* highlighted the importance of simulation-based teaching in developing nursing competencies.
- *Dr. Shalinee Rao* presented an informative session on “Simulation: Definition, Types, Significance, and Applications,” providing a comprehensive overview of the methodology.
- Dr. Rakesh Sharma further delved into the phases of simulation and learning theories, explaining their role in effective nursing education & simulation training.

### Hands-On Training and Simulation Exercises

A key focus of the workshop was practical, hands-on training, conducted across three simulation stations:

1. *Case Study-Based/Scenario Simulation (by Dr Mridul and Dr Rakesh):* Participants engaged in simulated patient care scenarios, honing their decision-making and clinical reasoning skills.

2. *Moulage Techniques in Simulation (by Mr Hemant and Ms Chaltung)*: This station demonstrated the creation of realistic wounds and emergency conditions, enhancing students' preparedness for critical care situations.
3. *Procedural Skills and Teaching Methods (by Dr Prasuna and Mr Murali)*: Students practiced essential clinical procedures, refining their technical competencies and teaching methodologies.

The training sessions were conducted at the AIIMS Rishikesh Advanced Center for Continuous Professional Development, a state-of-the-art facility. The sessions were facilitated by Dr Mridul, Dr Rakesh Sharma, Mr Hemant, Dr Prasuna Jaily, Ms Chaltung, and Mr Murali, ensuring a highly immersive and interactive learning experience.

### Conclusion and Feedback

The workshop concluded with a student feedback session, followed by a post-test conducted by Nursing Tutor Mamta Thakur to assess the effectiveness of the training. Dr. Rakesh Sharma (Assistant Professor, College of Nursing), coordinator/secretary, and Professor Smriti Arora (Principal, College of Nursing), chairperson of the event, distributed certificates to the participants and resource faculty.



28 Feb 2025

## Webinar on “Nursing in the Future: Exploring Career Opportunities in Clinical Practice, Leadership, and Non-Traditional Roles”

**Time:** 12 AM – 1PM

**Speaker:** Ms. Divya Sharma, MSN, PGDM, CPHQ, CAPM, Senior Health Advisor, John Hopkins Aramco Healthcare (JHAH)

**Organizing team:** Prof. (Dr.) Smriti Arora, Dr. Ritu Rani, Ms. Astha

**Venue:** Orange LT (Ground Floor), College of Nursing, AIIMS, Rishikesh

**Participants:** B.Sc. (Hons) Nursing IVth year, M.Sc Nursing 1st and 2nd year

**Objective:**

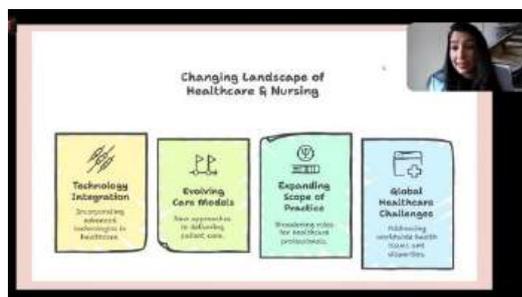
To explore emerging career opportunities in clinical practice, leadership, and non-traditional Roles in nursing.

**Key Highlights of the Webinar:**

The webinar commenced with **Dr. Ritu Rani** introducing the esteemed speaker, **Ms. Divya Sharma** followed by **Prof. (Dr.) Smriti Arora**, who shared her insights on the significance of the session.

**Ms. Divya Sharma** highlighted the changing healthcare landscape, emphasizing the integration of technology, AI, and telehealth, along with evolving patient-centered care models and the expanding scope of nursing practice due to global healthcare challenges. She outlined advanced clinical career paths such as Nurse Practitioner (NP), Clinical Nurse Specialist (CNS), Certified Registered Nurse Anaesthetist (CRNA), and Nurse Midwife (CNM). Additionally, she introduced emerging non-traditional roles, including Travel Nursing, Research Nursing, Medical Writing, Nursing Education, Product Management, and Business Development. Specialized nursing fields such as School Health Nursing, Community Health Nursing, Homecare Nursing, and Genetic Nursing were also discussed, highlighting diverse career prospects.

The session concluded with an interactive Q&A, with students and expert. Finally, **Prof. (Dr.) Smriti Arora**, expressed her gratitude to the speaker and emphasizing the importance of continuous learning and adaptability in the evolving nursing profession.



**MARCH 2025**

**8<sup>th</sup> Mar-Celebrating International Women's Day**

**(Theme- Accelerate action)**

- 1. Declamation Contest on the topic 'A Great Woman Leader.'** Students spoke about Savitribai Phule, Sushama Swaraj, Sushmita Sen, President Droupadi Murmu, Ahilyabai Holkar, Rani Laxmibai and many more.



- 2. A role play on " Workplace Discrimination" and Health Education regarding women's rights, equality, and health and wellbeing was also organized at CHC Doiwala by MSc Nursing and BSc Nursing 4<sup>th</sup> year students under the guidance of Dr. Vishwas AS (Assist Professor), Ms. Neha (Nursing Tutor).**



19- 20 March, 2025

### Qualitative Health Research Skill Workshop

**Organizing team:** Prof. (Dr.) Smirti Arora (Organizing Chairperson), Dr. Xavier Belsiyal (Organizing Secretary), Dr. Ritu Rani, and Ms. Vanita

#### External experts-

1. Dr. Mahati Chittem, Professor, Dept. of liberal Arts, IIT, Hyderabad
2. Dr. Shweta Chawak, Assistant Professor, Dept. of Humanities & Social Sciences
3. Ms. Shraddha Namjoshi, Phd Scholar, Dept. of liberal Arts, IIT, Hyderabad
4. Dr. Xavier Belsiyal, Associate Professor, CENER, AIIMS, Rishikesh
5. Dr. Prasuna Jelly, Associate Professor, CENER, AIIMS, Rishikesh
6. Dr. Ritu Rani, Nursing Tutor/Clinical Instructor, CENER, AIIMS, Rishikesh

**Venue:** Inauguration held at Pink LT (Ground Floor), College of Nursing, AIIMS, Rishikesh and Workshop sessions held at M.Sc Nursing 1st year class room.

**Participants:** M.Sc Nursing Students (40 participants)

**Objective:** The workshop aimed to enhance participants' understanding and practical skills in qualitative research methodologies, particularly in the healthcare sector.

**Summary-** Experts provided an overview of qualitative research methods, including Interpretative Phenomenological Analysis (IPA), Qualitative Content Analysis (QCA), and Framework Analysis (FA). This was followed by a session on identifying research questions and planning research design, led by Dr. Shweta. Participants then engaged in an interactive session on data collection methods and interview techniques, which was followed by a hands-on session on qualitative content analysis (QCA), focusing on developing and using coding schemes by Ms. Shraddha Namjoshi.





NVIVO 

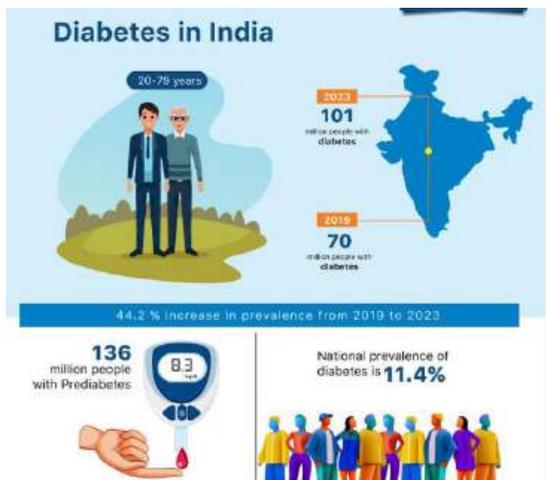
24 March 2025

### Workshop on 'Navigating Diabetes: Empowerment, Education and Action'

**Organizing team:** Mr. Maneesh Sharma, Mr. Pankaj Punjot (Diabetes Educator), Mr. Pradeep, Mr. Murali, Ms. Durga and Ms. Sreevidya

**Experts-** Mr. Maneesh Sharma, Dr. Aiswarya (Senior Resident Department of Medicine), Mr. Pankaj Punjot (Diabetes Educator) and Dr. Rakesh Sharma

Diabetes is a growing concern worldwide, affecting millions of people, management of patient with diabetes became challenging. With the right knowledge, skills, and support, it is possible to manage the condition effectively. CENER conducted one day workshop on "Navigating Diabetes; Empowerment, Education and Action for Nursing students Batch 2023. The lectures were followed by hands-on session on foot care and safe administration of insulin. The event ended by 5pm with the valedictory session and vote of thanks.



**APRIL 2025**

**7 April 2025**

Celebrating World Health Day 2025 with the theme "Healthy Beginnings, Hopeful Futures". Our talented nursing students showcased posters promoting health, hope, and brighter tomorrow.



**24 April 2025**

### **Conference on Nursing Informatics: Healthcare Made Easy**

**Organizing Team:** Ms Rupinder Deol, Dr Malarkodi and MSc Nursing students

**External Experts :** Dr. Prateek Kumar Panda, Dr. Vivek Singh Malik and Dr. Khyati Gupta

**Venue:** Pink LT, CENER, AIIMS, Rishikesh

Conference included sessions on role of wearable health technologies and mobile health apps by Dr Panda. **Dr. Rajarajeswari** took the next session on AI tools in Nursing Informatics. **Dr. Vivek Singh Malik and Dr. Khyati Gupta** explained how telemedicine works. **Ms. Sheetal Rohila** (M.Sc. Nursing student) explained about Electronic Health Record and data privacy, security and ethical considerations. Then hands-on demonstration was done by **Mr. Chandra Asian Jatav** (M.Sc. Nursing student) on e-hospital of AIIMS, Rishikesh. **Prof. (Dr.) Smriti Arora** demonstrated the functioning of e-office. An insightful panel discussion was conducted at last which addressed role, challenges and career opportunities in health informatics. The panel



discussion was moderated by **Dr. Vishwas A. S** (Assistant Professor, College of Nursing, AIIMS, Rishikesh) and the panelists were **Ms. Sreevidya V S** (Nursing Tutor, College of Nursing, AIIMS, Rishikesh), **Ms. Uma Phalswal** (Nursing Tutor, College of Nursing, AIIMS, Rishikesh) and **Ms. Kalpana Beniwal** (M.Sc. Nursing student).

The event concluded with certificate distribution, a post-test, and closing remarks followed by tea.



**MAY 2025**

**5<sup>th</sup> May , International Midwifery Day**

**Webinar: International Day of the Midwife 2025**

**Theme: "Midwives: Critical in Every Crisis"**

**Organizing team** – Dr Prasuna Jelly, Ms Dipika Chauhan, Ms Kanagalaxmi

**External experts-**

- Dr Manju Chhugani, Dean Nursing, Jamia Hamdard
- Prof. (Dr.) Smriti Mani, Dean Nursing, The Neotia University, West Bengal

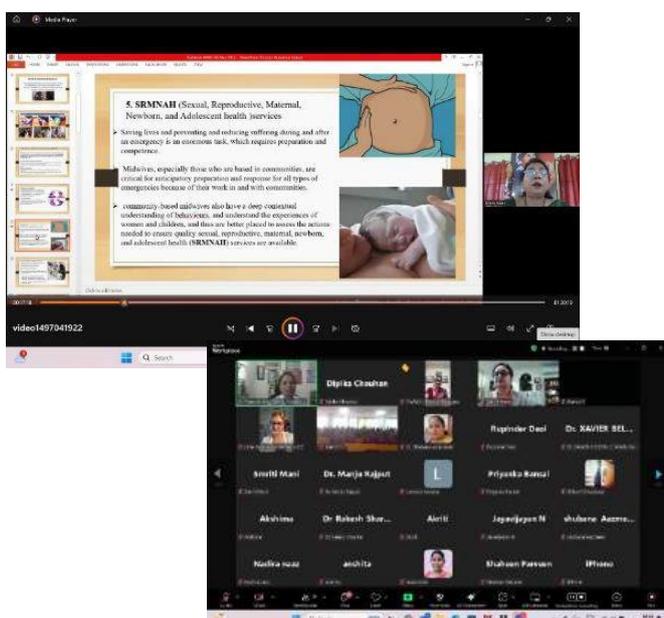
To mark the International Day of the Midwife 2025, CENER, organized a webinar on **5th May 2025** for the **B.Sc. (H) Nursing Batch 2021**. The event was conducted from **11:00 AM to 12:30 PM**, centered around this year's global theme: *"Midwives: Critical in Every Crisis"*. The theme underscores the indispensable role midwives play in delivering maternal and newborn healthcare, especially in emergency and humanitarian settings where medical support is often limited or unavailable.

The session began with a welcome address by Dr. Prasuna Jelly, Associate Professor and Organizing Secretary of the event. This was followed by an introductory speech by Prof. (Dr.) Smriti Arora, Principal, College of Nursing. The event was coordinated with the support of T. Kanaga Lakshmi, Joint Secretary, and Mrs. Dipika Chauhan.

**Prof. (Dr.) Smriti Mani**, Dean of Nursing at The Neotia University, West Bengal, delivered an insightful talk on the vital role of midwives during humanitarian emergencies, emphasizing their presence as frontline caregivers in underserved and high-risk areas.

Following this, **Prof. (Dr.) Manju Chhugani**, Founder Dean of Rufaida College of Nursing, spoke on the evolving scope and leadership roles in midwifery in India, highlighting future opportunities and the need for systemic support to strengthen the profession.

The event concluded with a formal vote of thanks, acknowledging the contributions of all speakers, organizers, and participants. The webinar proved to be an enriching experience, reinforcing the critical role midwives play in ensuring safe childbirth and maternal care, particularly in crisis situations. It was attended by around 200 participants across country.



May 6, 2025

## Workshop on Neonatal Resuscitation Program

**Organizer** – Ms Rupinder Deol

**Venue**- CENER, AIIMS Rishikesh

The workshop began with a pre-test to evaluate the participants' baseline knowledge. The event was formally inaugurated with a traditional lamp-lighting ceremony, graced by all the teaching team, resource persons and delegates. During the inaugural address, Dr. Xavier Belsiyal highlighted the vital importance of NRP training in equipping pediatric nurses with the skills necessary to provide timely and effective neonatal care across the globe. The workshop included expert lectures on critical aspects of newborn resuscitation, covering initial steps of resuscitation, positive pressure ventilation, chest compression, newborn intubation, and medication administration. In the post-lunch session, students participated in hands-on practice sessions, allowing them to translate theoretical knowledge into clinical skills with guidance from experienced instructors.

The sessions were conducted by a team of expert resource persons from various nursing specialties including Ms. Rupinder Deol, Dr. Prasuna Jelly, Dr. Malar Kodi, Dr. Jyoti Shokeen, Mrs. Vanita, Mrs. Durga Joshi, Ms. Anjali Sharma and Ms. Raksha Yadav.

The workshop concluded with a valedictory function, where certificates of participation were distributed to all the students and their feedback on workshop was taken. The event was a comprehensive learning experience that significantly enhanced the clinical competence and confidence of future pediatric/ neonatal nurses in managing neonatal emergencies.



12 June 2025

## AV Aids exhibition

**Organized by B.Sc. Nursing 2nd Year (2023 Batch)**

**Date:** 11th June 2025

**Venue:** MSc N 1s yr classroom

As part of the Educational Technology curriculum, the Department of Nursing Education organized an exhibition of Audio-Visual (AV) Aids prepared by B.Sc. Nursing 2nd Year students (Batch 2023) on 11th June 2025. The objective was to enhance students' teaching-learning skills and creativity in developing effective instructional materials.

### Details of the Event:

- **Participants:** All students of B.Sc. Nursing 2nd Year (2023 Batch)
- **Faculty In-Charge:** Dr Rakesh Sharma, Ms. Devanshi Choudhary
- **Types of AV Aids Displayed:** 2D, 3D models, charts

10 groups of student prepared and presented an AV aid based on nursing and health-related topics, demonstrating its relevance, method of preparation, and application in teaching.



## Interdepartmental Collaborations

13 July 2024

With Dept of Urology, Exhibition, Roleplay Social awareness programme on Urological cancers



27-29 Sept 2024

With Dept of CFM, 6th National Conference of Family Medicine and Primary Care 2024. Students and Tutors actively participated in the organization of the Conference.



**30 Sept 2024, 'Swachta hi Sewa' With Quality Dept, MS Office under 'Swachta hi Sewa' Role play by Nursing students at Kendriya Vidyalaya, IDPL Rishikesh about Cleanliness.**



**1<sup>st</sup> Oct 2024 With Dept of Geriatric medicine, celebrating International day of older persons. Students prepared informative and creative posters.**



## 10 Oct 2024- World Mental Health Day Celebration in collaboration with Department of Psychiatry

The program started with extending the warm greetings to all the dignitaries and then proceeded to lamp lighting ceremony. Welcome address was delivered by Dr. Jitendra Rohilla, Department of Psychiatry. Prof (Dr) Meenu Singh, Executive CEO and Director, AIIMS, Rishikesh, Prof (Dr) Jaya Chaturvedi, Dean Academics, Prof(Dr). Smriti Arora, Principal, College of Nursing and Dr.Ravi Gupta, HOD, Department of Psychiatry were welcomed with a floral bouquet.

An informative Panel discussion was done highlighting the mental health issues faced by different personnel such as students, nursing officers, administrative staff etc in the institute. Dr. Vishal Dhiman, Additional Professor, Department of Psychiatry, moderated the discussion and invited team of Panelists including Dr. Ravi Gupta, Professor, Department of Psychiatry, Dr. Rashami Malhotra, Professor, Department of Anatomy, Dr. Narinder, Deputy Medical Superintendent, Mrs. Vandana, DNS. The Panel discussion was enriching and interesting.

Moving ahead, thoughts and wise words shared by Director Madam and Dean (A) was inspiring and enlightened the need of having different support services for promotion of mental health of employees of the institute. The Winners & Runner Ups of different competitions were announced and their achievements were acknowledged with trophies and certificates. As a token of appreciation, mementos were presented to moderator, panelists and all the organizers who made this event a huge success. Dr. Xavier Belsiyal C, Associate Professor, College of Nursing, the organizing secretary, proposed vote of thanks. The programme came to an end with National Anthem.





**COLORS ARE THE SMILES OF NATURE**

## **Celebration of World Antimicrobial Awareness Week (18th-24th November 2024) at AIIMS, Rishikesh in collaboration with Department of Medicine**

World Antimicrobial Awareness Week (WAAW) 2024 was observed from 18<sup>th</sup>-24<sup>th</sup> November at AIIMS, Rishikesh with a series of events and activities aimed at raising awareness about antimicrobial resistance (AMR) and promoting responsible antimicrobial use. The events engaged various stakeholders, including healthcare workers (HCWs), residents, students, local pharmacists, and the general public.

### **Event Overview:**

#### **1. Inauguration & Workshop on Integrated Antimicrobial Stewardship (IAS) Practices:**

- **Day:** Monday, 18th November 2024
- **Venue:** Lecture Theatre
- **Beneficiaries:** Faculty, Senior Residents (SR), Junior Residents (JR), Nurses, Pharmacists
- The week commenced with an inauguration ceremony followed by a workshop on Integrated Antimicrobial Stewardship (IAS) practices, which included discussions on adult vaccination as an integral part of AMR prevention.

#### **2. Community Awareness Activity:**

- **Day:** Tuesday, 19th November 2024
- **Venue:** Astha Path, Local Shops
- **Beneficiaries:** General Public, Pharmacists
- A walkathon was organized to raise public awareness on antimicrobial resistance, accompanied by community outreach activities involving local pharmacists, who distributed educational materials about responsible antibiotic use.

#### **3. Role Plays & Ice-Breaking Sessions:**

- **Day:** Wednesday, 20th November 2024
- **Venue:** OPD, School of Rishikesh, Health Secretary's Office
- **Beneficiaries:** Public, Teachers, Students, Residents & Faculties
- Role plays were performed at the OPD, including:
  - **Hand Hygiene:** Nursing students performed a role play emphasizing the importance of hand hygiene in preventing infections and antimicrobial resistance.
  - **Environment Cleaning:** Another role play demonstrated the critical role of environment cleaning in reducing hospital-acquired infections and the spread of resistant microorganisms.
  - **Adult Vaccination by Nursing Students:** Nursing students also conducted a role play to highlight the importance of adult vaccination as a preventive measure against infectious diseases, which contributes to the reduction of antimicrobial resistance.
- Ice-breaking sessions with healthcare workers (HCWs) and IAS Champion wards fostered better communication on AMR. The event also included discussions with local school teachers and students, along with the health secretary's office, on the state action plan for AMR.

#### 4. Role Play & Panel Discussion at Schools:

- **Day:** Thursday, 21st November 2024
- **Venue:** OPD, Various Wards, Lecture Theatre (LT)
- **Beneficiaries:** Public, Residents & Faculties
- Interactive role plays at the OPD and various wards focused on the consequences of AMR. A panel discussion on antimicrobial resistance and stewardship practices was conducted at a senior secondary school in Rishikesh. Additionally, a foundation course on IAS for residents and faculties was held.

#### 5. Ice-Breaking Sessions & Foundation IAS Course:

- **Day:** Friday, 22nd November 2024
- **Venue:** OPD, Various Wards, Lecture Theatre (LT)
- **Beneficiaries:** Public, Pharmacists, Residents & Faculties
- Continued focus on AMR was given through role plays at the OPD and ice-breaking sessions with HCWs. A foundation IAS course was conducted for residents and faculty to deepen their understanding of antimicrobial stewardship.

#### 6. Quiz & Poster Competition for Nurses & Students:

- **Day:** Saturday, 23rd November 2024
- **Venue:** Lecture Theatre (LT)
- **Beneficiaries:** Nurses, Medical, Nursing & Paramedical Students, Residents & Faculties
- A quiz and poster competition were organized for nurses and students (medical, nursing, and paramedical), where participants demonstrated their knowledge of antimicrobial resistance and stewardship. The event also involved residents and faculty in active participation.

The celebration of World Antimicrobial Awareness Week at AIIMS, Rishikesh was a comprehensive effort to engage diverse stakeholders in understanding and combating antimicrobial resistance. The week featured educational activities, discussions, and interactive sessions that helped disseminate critical information on responsible antimicrobial use and stewardship. Through these efforts, AIIMS, Rishikesh contributed to the global cause of fighting AMR and fostering better healthcare practices.



**23 Dec 2024- World Meditation Day with Dept of AYUSH**



**17-18 Jan 2025, 12-1 pm, With Dept of Telemedicine** interactive session on SAKSHAM-NMCN-LMIS for BSc H Nursing interns and MSc Nursing students

**External Experts:** Dr Parul Narang, Dr Manu Saini, from Telemedicine dept. AIIMS Delhi and Mr Amal Pal from Empower Health School



## 26 Feb 2025, with Division of Sleep Medicine, Organ & Tissue Donation Awareness Programme

**Organizing team:** Dr Rakesh Sharma, Mr Murali Mohanam.

**Venue:** Level 1, Block C, Near Amma Canteen, AIIMS Rishikesh.

**Experts:** Dr. Ravi Gupta, Dr. Anindya Das, (Dept of Psychiatry), Dr Lokesh Saini, (Dept of Pulmonary Medicine)

**Participants:** B.Sc. Nursing, 2nd year, Batch 2023

**Brief about the programme:** CENER, along with the Division of Sleep Medicine AIIMS Rishikesh, organized a Sleep Awareness Programme. B.Sc. Nursing, 2nd year, did a nukkad natak and exhibited the importance of Sleep, how sleep is affected and sleep related disorders by this nukkad natak. Dean Academics, Medical Superintendent and Dr Ravi Gupta talked about the common causes and the responsibilities of parents now a days.



## March 26, with Division of Organ and Tissue Donation, an Awareness programme

**Organizing team:** Dr Rakesh Sharma, Mr Murali Mohanam.

**Venue:** Level 2, Block C, Surgery OPD, AIIMS Rishikesh.

**Experts:**

- Dr Karam Veer, Assistant Professor, Division of Organ and Tissue Donation, AIIMS Rishikesh
- Mr Gajendra Singh Solanki, ANS, AIIMS Rishikesh

**Participants:** B.Sc. Nursing, 2nd year, 2023 Batch year students

**Brief about the programme:** The College of Nursing, along with the Division of Organ and Tissue Donation AIIMS Rishikesh, organized an Organ & Tissue Donation Awareness Programme. B.Sc. Nursing, 2nd year, did a nukkad natak and exhibited the importance of organ donation, myths regarding this and who can make organ donation by this nukkad natak. Many patients and their relatives asked the process of self pledge on organ donation and registration process, which was guided by students, Nursing Officers and ANS.



### 29 March 2025 with Amar Ujala Foundation

SP Madam Jaya Baluni, Dehradun (Rural) took a session for nursing students under "Aparajita" a women's empowerment initiative, associated with the Amar Ujala Foundation, focussing on raising awareness, promoting education, fostering safety and well-being for women.



### 1-15 April 2025

Swachhta Pakhwada was observed with plantation drives and rigorous cleanliness activities across college and hostel, reaffirming our commitment to sustainability and hygiene.



15 April 2025

Degrees were distributed to 17 MSc Nursing and 95 BSc H Nursing students. Hon'ble Union Health Minister Shri JP Nadda was Chief Guest.



## FIELD VISITS

4 July 2024 – Visit of MSc Nursing students to Place of Safety, Haridwar, enriching experience about managing children in conflict with law





**9 Sep 2024- Visit of MSc Nursing Pediatric students to SOS Village, Faridabad**

**11 Sept 2024- Visit of BSc 4<sup>th</sup> year nursing students to Sai Veda Wellness Retreat Centre, Haridwar**



**14 Nov 2024- Visit to Water Sewage Treatment Plant, Haridwar**



**21Dec 2024- Visit of MSc Nursing students to State Disaster Response Force Uttarakhand**



**Clinical posting of four 2<sup>nd</sup> year MSc Nursing Psychiatry students at NIMHANS, Bengaluru for one month from 16 Dec 2024-18 Jan 2025**



## International Collaboration

### **Visit of Students and Faculty from Brigham Young University (BYU), USA to the College of Nursing, AIIMS Rishikesh**

**Duration: 30th April - 14th May 2025**

A group of 14 nursing students and 2 faculty members from Brigham Young University (BYU), USA, visited the College of Nursing, AIIMS Rishikesh from 30th April to 14th May 2025 as part of an academic and cultural exchange program aimed at enhancing mutual learning and sharing best practices in nursing education and clinical training.



## Visit of External Experts

28 Aug 2024- Visit of Dr. Swami Dayamurtyananda, Secretary and Swami Bhavarupananda from Ramakrishna Mission Sevashram, Haridwar 📍



📍 20 Sep 2024- Visit of Principal Dr Sunil Dular from SGT University, Haryana

29 Sep 2024-Visit of Dr Reeta Devi, Associate Professor, IGNOU, New Delhi 📍



📍 30<sup>th</sup> Sep 2024- Visit of Shri Umakant Pant ji , Principal, Saraswati Vidya Mandir Inter College, Rishikesh

1 March, 2025

Visit of BSc Nursing 3<sup>rd</sup> year students from NIMHANS to CENER AIIMS Rishikesh along with two Faculty members.



20 May 2025, Visit of Dr Anita Kansal, CNO, LRS TB Hospital, New Delhi



June 26, 2025- Visit of Lt Col Shila Samuel, O/o DGMS Army

## CULTURAL EVENTS

15<sup>th</sup> Aug 2024- Students participating at Independence day celebration



5<sup>th</sup> Sep 2024- Teacher's Day



30 Oct, 2024, Diwali celebration



**Holi celebration on March 13, 2025**



**May 5, 2025- Celebrating International Nurses week , honouring the compassion and dedication of nurses**



## 22 Oct 2024- Lamp Lighting and Oath taking Ceremony

Nursing College organized Lamp Lighting and Oath taking ceremony of BSc H Nursing Batch 2024.

Prof Sukhpal Kaur, Principal, PGI Chandigarh and Smt Kusum Kandwal, Chairperson Women Commission, Uttarakhand graced the event and blessed student nurses.



**9 Nov 2024- Uttarakhand Day**

**Aipan art on glass bottles by Nursing students**



**24 Dec 2024- Christmas celebration**



**5 June 2025- Celebrating World Environment Day with plant exchange**



## AWARDS AND ACCOLADES

**(10-14 Oct 2024 ) Pyrexia ,the cultural fest of AIIMS Rishikesh**

Runner up trophy by Nursing Students, in Basketball 5x5 and 3x3, group dance and solo dance during socio-cultural and sports fest Pyrexia 2024 at AIIMS Rishikesh.



AIIMS Rishikesh Nursing students won Volleyball tournament at RETINA7.0 Fest, an intercollegiate vibrant festival hosted by **AIIMS Bhopal** from **15-19 Jan 2025** 🏆🏐



Shalini Singh and Diksha Soubhari of BSc 2<sup>nd</sup> yr (Batch 2023) won 1<sup>st</sup> and 3<sup>rd</sup> prize respectively in intercollegiate **elocution** competition among AIIMS on **13<sup>th</sup> April 2025** as a part of **International Nurses Day celebration organized by AIIMS Nagpur.**

**Topic-** Workplace Safety: A safer nurse is a better nurse



Harshita, BSc 4th yr student, secured All India first rank in MSc Nursing entrance exam 2025



## Faculty

- Dr Rakesh Sharma, Asstt Professor received the Best Nurse Researcher Award, and
  - Dr. Prasuna Jelly, Associate Professor, received the Best Nurse Teacher Award.
- These prestigious recognitions were presented by the Trained Nurses Association of India (TNAI), Uttarakhand State Branch as part of the Clinical & Academic Awards 2025.



# Winners of Invicta 3.0, Sports fest 22-25 May 2025



## एकाकी एहसास

इस विचल ज़माने की कलह के तले,  
जहाँ बाह्य बाधा और आंतरिक अमन के हैं गिले।  
जहाँ पग-पग प्रतिरोध करता है वास,  
सुलभ है वहाँ समभाव का आभास।  
खंडित ख्यालों की मशाल लेकर जहाँ विचरती है ज़िन्दगी,  
और बालपन की चंचलता को ढकती है सादगी।  
जिम्मेदारियों की वात जब प्रवाह करती हर श्वास,  
आवश्यक है तब एकाकी एहसास।  
सहज नहीं व्याकुलता जिसमें, वरन संयम है सारभूत  
इसमें।  
तन्हाई इसका अर्थ नहीं, अपनत्व है ये जो व्यर्थ नहीं।  
एकांत जीवन अंत नहीं, विचारों का देहांत नहीं,  
सपनों का अभिज्ञान है ये, खुद की ही पहचान है ये।  
दुर्बलता जिसका भाव नहीं, आशंका जिसका अभाव नहीं,  
सबलता का प्रभाव है ये, साहस का दांव है ये।  
तो उठो चलो यह रीत बनाओ, एकाकी को मनमीत बनाओ।  
स्वयं की शक्ति निरख जाओगे, समझ से सभ्यता परख पाओगे।  
न होगा फिर एकाकी का समझम,  
अकेलेपन नहीं, अनुशीलन का होगा आवागमन।  
स्वयंसंग निवृत्त क्षणों पर कर विश्वास,  
उज्ज्वल बनाकर स्वरूप करता चल प्रयास,  
इनकार नहीं, स्वीकार होगा एकाकी एहसास।  
सकार होगा एकाकी एहसास।  
प्यार होगा एकाकी एहसास।



आकांक्षा  
बीएससी नर्सिंग, बैच 2024









**CENTER FOR NURSING EDUCATION & RESEARCH (CENER)**

**AIIMS RISHIKESH**

**VEERBHADHRA MARG, PASHULOK**

**RISHIKESH 249203**