



ALL INDIA INSTITUTE OF MEDICAL SCIENCES, RISHIKESH
Examination Section

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Letter No. – AIIMS-RIS/EC/26/ 453

Date- 22/05/2026

Circular

This is to inform you that Public Defence (Viva Voce) of **Mr. Praag Bhardwaj** for award of PhD is scheduled on **03rd June 2026** at AIIMS, Rishikesh.

Title of Thesis- “Efficacy of mHealth-Aided Meditation and Breath Intervention for 12 Weeks on Change in Burnout and Professional Quality of Life among Health Care Providers at a Tertiary Care Hospital: A Randomized Waitlist-Controlled Trial.”

Venue - CPD Hall

Time - 3 PM.

This is for your kind information and co-operation.