



ALL INDIA INSTITUTE OF MEDICAL SCIENCES, RISHIKESH
Examination Section

E-mail - exam@aiimsrishikesh.edu.in

Letter No. – AIIMS-RIS/EC/26/ 1068

Date- 17/08/2026

Circular

This is to inform you that Public Defence (Viva Voce) of **Mr. Vikas Upadhyay** for award of PhD is scheduled on **05th Sept 2026** at AIIMS, Rishikesh.

Title of Thesis- “Efficacy of Yoga for reducing burnout among healthcare workers: A Randomized Controlled Trial”

Venue - FMT Seminar Hall

Time - 09.00 AM

This is for your kind information and co-operation.

Thanking you,
Yours faithfully,