

No.125/1/2018-19-CCSCSB  
Government of India  
Ministry of Personnel, Public Grievances & Pensions  
(Department of Personnel & Training)

Dated:26.04.2019

**CIRCULAR**

**Sub: Scheme for Promotion of Adventure Sports & Similar Activities amongst Central Government Employees- Programmes to be organized by Youth Hostel Association of India.**

This is in continuation of this Department's Office Memorandum of even number dated 04.12.2015 regarding Scheme for Promotion of Adventure Sports & Similar Activities amongst Central Government Employees.

2. The Youth Hostel Association of India has offered the following more programmes for Central Government Employees eligible under the Scheme:

S.N	Programme Name	Programme Date/Date of Starting & Reporting	Duration	Fee	Base Camp	Region
1.	National Adventure Cycling Trekking Water Sports Cu, Training Expedition Mysuru 2019	1 <sup>st</sup> May to 31 <sup>st</sup> May, 2019	5N/6D	Rs. 5800/-	International Youth Hostle Mysuru	Mysuru
2.	National Individual Adventure Cum Training Camp Leh 2019	15 <sup>th</sup> May to 6 <sup>th</sup> October, 2019	5N/6D	Rs. 7500/-	Skara Base Camp	Leh
3.	Adventure Trekking Cum Training at Mukteshwar Hill 2019	5 <sup>th</sup> May to 19 <sup>th</sup> May, 2019	4N/5D	Rs. 7100/-	Kathgodam	Uttrakhand
4.	Munsiyari Khaliya Top Trekking Cum Training Expedition Uttrakhand 2019	5 <sup>th</sup> June to 15 <sup>th</sup> June, 2019	6N/7D	Rs. 7100/-	Almora	Uttrakhand
5.	Gangotri Dodital Trekking Cum Traning Expedition uttrakhand 2019	10 <sup>th</sup> September to 19 September, 2019	7N/8D	Rs. 7100/-	Uttarkashi	Uttrakhand

- The programme fees are tentative for some of the programmes and can be changed.

3. This is also to inform you that **Mr. Ankit Gupta, Marketing Officer** of YHAI will be the Nodal Officer. Schedule of the programmes is enclosed. If there is any query he may be contacted as per the following contact details:

Phone : 011-45999026  
E-mail : ankit@yhaindia.org

Detailed information is also available at : [www.yhaindia.org](http://www.yhaindia.org).

4. The interested and eligible Central Government Employees may submit his/her application directly to YHAI and a copy of the same may be endorsed to Secretary, CCSCSB, Room No. 361-B wing, Lok Nayak Bhawan, Khan Market, New Delhi. Advance payment for the programme has to be paid directly to the organiser and reimbursement as admissible will be made after successful completion of programme. On completion of said activity, applicant may submit expenditure details (fee receipt & Tickets in original) along with Aadhar Number and Bank Details (Name of Bank, Account Number, IFSC Code and Branch Code) for smooth reimbursement of claim.

  
(Kulbhushan Malhotra)  
Secretary (CCSCSB)

To

Director/Deputy Secretary (Administration) of all Ministries/Department.  
Copy to : Shri Ankit Gupta, Marketing Officer, YHAI.

## I. SCHEDULE OF ALL PROGRAMMES:

Day 1: Reporting at Base Camp

Day 2: Orientation, Acclimatization & Training

Day 3: Acclimatization walk up to 5 Km, about high altitude sickness, Flora & Fauna etc.

Day 4. 5 etc.: Move to Higher Camps through trail & trek/cycling through forest, uphill, downhill, fields with night stay at every camp.

Last Day: Check out after Breakfast.

## II. INCLUSIONS FOR THE PROGRAM

- a) Group Insurance
- b) Tented/Built accommodation on sharing basis whichever is available
- c) Forest Entry
- d) All meals including Buffet Breakfast, Buffet/Packed Lunch, Evening Snacks, Buffet Dinner and Milk, Nutritious vegetarian food
- e) Trained Guides all along the trekking route
- f) Rucksacks on returnable basis
- g) Blanket, Sleeping sheets & Sleeping bags at every camp site
- h) Bus transfers where required.
- i) Participation Certificate after successful completion of the trek
- j) First Aid & Medical Assistance
- k) Equipment if required

## III. TENTATIVE SCHEDULE OF MEALS

S. No.	Particulars	Timing	Remarks
1	Breakfast	07:30am to 08:30am	Buffet Breakfast
2	Lunch	01:00pm to 02:00pm	Packed Lunch during Trek day
3	Dinner	07:30pm to 08:30pm	Buffet Dinner

## IV. THINGS TO BE BROUGHT BY PARTICIPANTS:

**Wearable Items :** Trekking shoes, T-shirts/Dry fit (3), Track pants (2), Track suit, Woolen/Poly fill/Down Jacket(1), Wind Jacket(1), Monkey cap, Gloves, Thermals, Inner garments, Light raincoat with hood, 3 pairs of woolen socks.

**Accessories :** Water bottle, lunch box, enameled, steel mug or tumbler, Steel or plastic plate, spoon, water purifying tablets, pen-knives, needle, thread, spare buttons, goggles (other than blue glasses), cold cream or Vaseline, soap, toilet paper, towel, medicines which are normally used at home.

**Youth Hostels Association of India** is having vast experience in organizing economical adventure activities for last 48 years in which large number of Central & State Government Employees already participated.



Scheme for Promotion of Adventure Sports & Similar activities amongst  
Central Government Employees

**Application From**

Name of Programme/Institute\* \_\_\_\_\_

1. Name of Applicant\* \_\_\_\_\_

2. Designation\* \_\_\_\_\_

3. Group of Services with level/grade pay(revised)\* \_\_\_\_\_

4. Father's Name\* \_\_\_\_\_

5. Date of Birth\* \_\_\_\_\_

6. Address\* \_\_\_\_\_  
\_\_\_\_\_

7. Telephone No(mobile)\*1. \_\_\_\_\_ 2. \_\_\_\_\_

8. Landline No.\* \_\_\_\_\_

9. Ministry/Department\* \_\_\_\_\_

10. Next of kin to be informed in case of  
emergency \_\_\_\_\_

\* mandatory fields

I, \_\_\_\_\_ understand that the  
programme may involve serious risk to me. I am undertaking the  
programme at my own violation cost, risk and consequence.

11. I hereby undertake that I will not held responsible Central Civil  
Services Cultural & Sports Board/Government of India for any  
untoward incident/mis-happening.

Date:

Place:

(Signature of Applicant)

Name in Block Letters \_\_\_\_\_

Ministry/Department \_\_\_\_\_

This is to certify that the applicant is a Central Government  
Employees working in the main Ministry/Department and information  
given above is correct. The applicant is medically fit for the adventure  
activities opted by him/her.

( \_\_\_\_\_ )  
Welfare Officer

**No.125/1/2015-16-CCSCSB**  
**Department of Personnel & Training**

New Delhi, the 4<sup>th</sup> December, 2015.

**SCHEME FOR PROMOTION OF ADVENTURE SPORTS & SIMILAR**  
**ACTIVITIES AMONGST CENTRAL GOVERNMENT EMPLOYEES**

1. **Background:** The Department of Personnel and Training recognizes that welfare of employees is one of the prime tasks of personnel management and sports activities play an important role in improving their efficiency and morale. Participation by Central Government Employees in adventure sports and similar activities will give them a platform where they would learn lessons from nature and use the knowledge acquired for welfare of the society.
2. **Vision:** To foster spirit of risk-taking, cooperative team work, capacity of readiness, vital response to challenging situations, endurance and environmental awareness.
3. **Mission:** The Mission of the Scheme for promotion of adventure sports and similar activities is to encourage Central Government Employees working in the Ministries/Department of the Government of India to take part in these activities by giving financial assistance and other incentives. The Central Civil Services Cultural & Sports Board, a Society registered under the Society Registration Act, 1860, which is under the aegis and control of the Department of Personnel & Training will be the nodal agency for the Scheme.
4. **Objectives:**
  - (i) The Scheme would tackle the alarming situation of stress and impact of sedentary life on Government servants as highlighted in several studies conducted so far;
  - (ii) It would provide a creative outlet to Central Government Employees;
  - (iii) It would create and foster spirit of risk – taking, cooperative team work, capacity of readiness and vital response to challenging situations and of endurance;
  - (iv) Central Government Employees would be prepared for better Disaster Management; and
  - (v) Environmental awareness would be inculcated amongst the Central Government Employees.
5. **Scope of the Scheme:** The scope of the Scheme is limited to Central Government Employees working in the Ministries/Departments of Government of India. It will also be limited to the programme run

by Institutes/Organizations approved by the Department of Personnel & Training.

6. **Activities to be sponsored and Institutes:** The Department of Personnel & Training will sponsor programmes of 5-7 days duration to be organized by the Institutes/Organizations listed at **Annex-I**. The programme will have components of environmental awareness, disaster management, team spirit, capacity building, and Swachhh Bharat Campaign. The activities under the programme will be Trekking, Mountaineering, Rock-Climbing, Cycling in a difficult terrain, Skiing, Surfing, Boat Sailing, Snorkelling, Rafting, Para Sailing, Ballooning, Para Gliding, Jungle Safari/Trekking, Desert Safari/Trekking, Beach Trekking and Environmental Awareness Camps etc. A Calendar of the programmes admissible under the Scheme will be circulated by the Department of Personnel & Training from time to time.

7. **Financial Assistance and other incentives:**

7.1 The Department of Personnel & Training will provide financial assistance to the eligible Central Government Employees for the programme of approved activities and conducted by the Institutes listed in **Annex I**.

7.2 Financial assistance will be in the form of reimbursement of Travel Expenses, programme fee and Hiring Charges of the equipments as per the terms and conditions specified in paragraph 7.3 and with a maximum ceiling of Rs.20,000/- (Rs. Twenty thousand only) per person per camp. The assistance will be limited to one activity in a block period of two year. Financial Assistance of 100% of programme fee would be provided in a calendar year to two officials of each Ministries/Departments who have been awarded by the Ministry/Department for excellence in service and nominated for the programme.

7.3 The following Heads are admissible for financial assistance under the Scheme:

- i) To and fro travel expenses as per the entitlements under Leave Travel Concessions Rules with a maximum ceiling of Rs. 4,000/-;



- ii) Re-imburement of Programme fee:
  - (a) 90% for Group 'C' Central Government Employee;
  - (b) 80% for Group 'B' Central Government Employee; and
  - (c) 75% for Group 'A' Central Government Employee.
- iii) Actual hiring charges if the necessary equipment are hired from any Government agency with adequate proof subject to maximum of Rs. 2000/-.

7.4 Special Casual Leave will be granted to eligible participants in accordance with Department of Personnel & Training Office Memorandum No. 6/1/1985-Estt.(Pay-I) dated 16<sup>th</sup> July, 1985 and No. 6/1/85-Estt(Pay-I) dated 7<sup>th</sup> November, 1988.

#### 8. Procedure for availing benefits of the Scheme:

- 8.1 The Central Government Employee will register himself with the Institute/Organization for the approved programme and make payment for it. He/she will simultaneously also submit his/her application to Central Civil Services Cultural & Sports Board duly forwarded by the Welfare Officer of their respective Ministry/Department.
- 8.2 The Ministry/Department will forward nominations of officials who have been awarded by the Ministry/Department for excellence in service and eligible for Financial Assistance of 100% of programme fee.
- 8.3 The Welfare Officer of the Ministry/Department in each case will certify that the recommended official is a Central Government employee working in the main Ministry/Department and medically fit for the adventure activities opted by him.
- 8.4 The financial assistance will be given on successful completion of the programme and submission of participation certificate to the Central Civil Services Cultural and Sports Board.
- 9. **Flexibility to expand the scope:** The Department of Personnel & Training will reserve the rights to modify the scheme, addition or deletion of activities, Institutes/Organization, change in pattern of financial assistance and other conditions of the Scheme without any prior notice.

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